



First Sunday in Lent — 10:00am Service of the Word (The Word of God Series)

Luke 24:13-33 (c.f. Matthew 5)

Collect

Heavenly Father, your Son battled with the powers of darkness, and grew closer to you in the desert: help us to use these days to grow in wisdom and prayer that we may witness your saving love in Jesus Christ our Lord. Amen.

Hymns

590 Seek ye first
379 Lead us heavenly Father, lead us
144 Dear Lord and Father
Before the throne of God above (Bancroft/Cook)

Prayer List

This week, we are thanking God for Pam Powici and members of our parish; we pray for healing, strength and discernment.

Preacher: Natalie Galer

Lead: Rev'd Pelumi Adeyemi

Sunday Service Zoom Link

ID: 896 6125 2194; Passcode 050845

Each week, we pray for families in church and the community. You could send requests to prayers@stfrancisstclareguildford.org.uk

Date	Name
01/02/26	Teresa Newman, Ben, Laura and Florence
08/02/26	Jacqueline , Robert , James Panchard
15/02/26	David, Diane, Claudia Peters
22/02/26	Pam Powici

Highlight from last Sunday's Sermon:

The transfiguration of our Lord by Nicola Goff

The transfiguration account and the account of Moses up the mountain, both accounts talk of God the father appearing in a cloud form. I wonder if we recognise God appearing to us in forms we are not expecting and how fearful we get. Jesus breaks through the fear and touches the disciples. I wonder do we also know the comforting presence of the Lord Jesus breaking through unfamiliar circumstances and reassuring us.

Please visit and subscribe to our [YouTube Channel @StfrancisGuildford45](#) for more.

Worker's Prayer Meeting on 2 March

There will be an Evening of Prayer and Worship on Monday, March 2, 2026, at 7:30 PM for all **Church Workers**. If you are on any rota at St Francis Church or on the Leadership Team, this includes you!

This gathering will hold on the first Monday of every other month, starting in March 2026, while the Church leadership team continues to meet during the alternate months.

I look forward to praying with you, as co-workers in Christ's vineyard; remember Christ Jesus said, "...Apart from me you can do nothing." (John 15:5).

Rev Oluwapelumi Adeyemi

Join a prayer vigil for Bishop Andrew

Dear Friend,
 Following last week's sad news of Bishop Andrew's terminal cancer diagnosis, the Bishop's Leadership Team has organised a Day of Prayer for Bishop Andrew at Guildford Cathedral (Stag Hill, Guildford GU2 7UP) on Monday 23 February from 12 noon to 10:00pm.

You are welcome and encouraged to join at any stage during the day, for as long as you are able to stay. If you cannot attend in person please join in the prayer from home or work or the Church Prayer Room. In the Cathedral, there will be opportunity for silent prayer, to pray with others, or to light a candle.

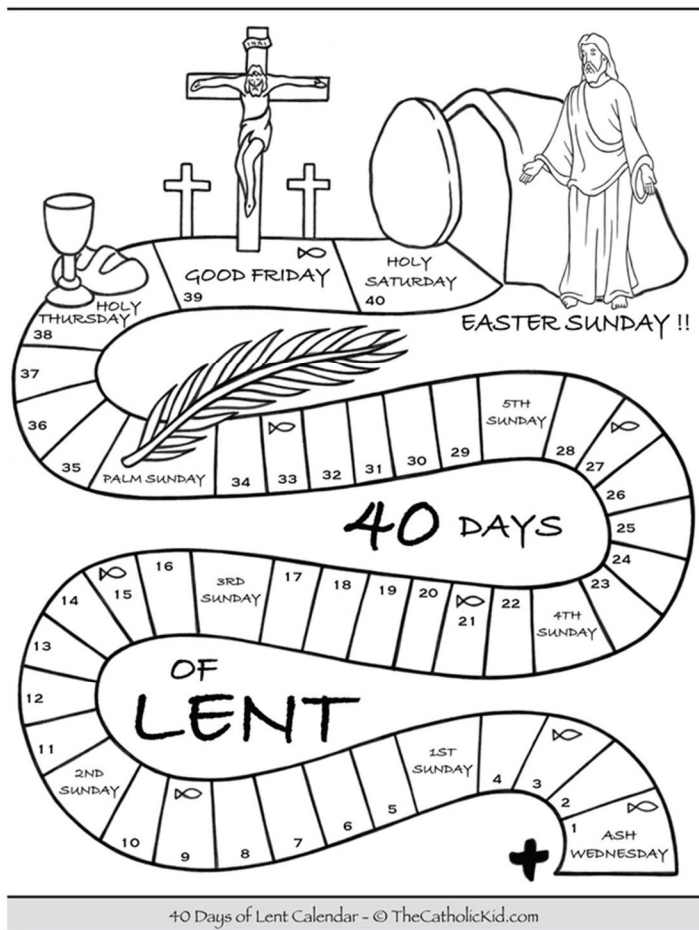
Sunday School: All about Lent

Jesus answered, "It is written: 'Man shall not live on bread alone, but on every word that comes from the mouth of God (Matthew 4:4)

Lent is an important time for many Christians worldwide, it allows Christians to remember Jesus's fasting in the desert. It is a time of giving things up and a test of self-discipline. There are many foods that some Christians do not eat in Lent, such as meat and fish, fats, eggs, and milky foods.

You are also invited to a Choral Evensong at 5:30pm in the Cathedral, when the Diocesan family will join together and pray in particular for Bishop Andrew and his family. After Evensong, there will be an opportunity, for those who wish, to light a candle and to share in the ministry of laying on of hands and anointing.

Rev'd Oluwapelumi Adeyemi



Alpha Course



The Alpha course will run on **Tuesdays** here at St Francis Church starting February 3rd for 10 weeks (6:30 – 8:30pm). Please sign up at the back or visit our webpage for more information and registration (stfrancisguildford.co.uk/alpha/). You could also sign up in the sheet at the back. Please speak to Robert Stevenson for more info.

Practicing the Way

This is a discipleship course for everyone with practical advice on how to live like Jesus in the modern world. It will run on **Wednesdays** starting February 4th for 8 weeks (7:30 – 8:30pm). Please sign up at the back or visit our webpage for more information and registration, please sign up on the sheet at the back. Please speak to Richard Horn for more info or visit www.practicingtheway.org

We need God in all we do; prayer is key

Please Pray for Growth:

'God of Mission, who alone brings growth to your Church, send your Holy Spirit to give vision to our planning, wisdom to our actions, joy to our worship and power to our witness. Help St Francis, St Clares and Emmanuel Churches to grow in numbers, in spiritual commitment to you, and in service to our local community, through Jesus Christ our Lord, Amen.

The prayer room by the narthex is open daily from 9am—5:30pm. If you feel burdened, come in to pray for yourself, for someone else, for issues that worry you or simply step inside to reflect in the presence of God. Each week, we pray for families in church and the community. You could send requests to prayers@stfrancisstclareguildford.org.uk

Important Dates (February 2026)

Date	Event (Time)
2	Leadership Meeting
3,10,17,24	Alpha Course (7:15pm)
4,11,18,25	Practicing The Way (7:30pm)
7	Leadership Retreat
8	Café Church (10:00 am)
9	Tea & Skittles
	Hear Here Audiology Clinic

Making Sense of Anxiety

When: Saturday 21st March 1.15-3.45pm

Where: St Clare's Church, Cabell Road, Park Barn.

Cost: FREE - donations kindly accepted in support of Emerge Mental Health Charity for their work with young people.

Anxiety can be bewildering and exhausting, but if we can learn to make sense of it and understand how our body responds to being anxious, then we discover how to be in control of our anxiety rather than it be in control of us.



Martin is a local GP with an interest in mental health. He is author of the book, 'Your Worry Makes Sense' and posts regularly about mental health on Instagram and TikTok as @doc_martin_gp



Suitable for all ages and stages, young people warmly invited.



ST FRANCIS CHURCH

Beckingham Road, Guildford, GU2 8BU

www.stfrancisguildford.co.uk

Minister: Rev'd Oluwapelumi Adeyemi
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Tel: 07889638710

Deputy Church Warden: Robert Stevenson
churchwarden@stfrancisstclareguildford.org.uk

Assistant Warden & Bookings Manager:
Val Holt (day off: Wednesday)
hallbookings@stfrancisstclareguildford.org.uk

Pastoral Care:
[pastoralcare@stfrancisstclareguildford.org.uk]

Treasurer: Seth Johnson
[treasurer@stfrancisstclareguildford.org.uk]

Parish Safeguarding Officer: Stephen Schofield
Email: safeguarding@emmanuelchurch.co.uk |
Tel: 07421443031 (9am – 3pm)



Newsletter Contributions & Enquiries

For contributions or enquiries on Baptism, marriage etc, please contact Valerie by phone (01483571018) or in person on Wednesdays from 12-4:00pm or via email: admin@stfrancisstclareguildford.org.uk

For your testimonies, God-incidents or coincidences witnessed or experienced, please submit entries of **150 words** to: testimonies@stfrancisstclareguildford.org.uk

You may choose to remain anonymous, however, please note: by submitting your story, you agree we can share your testimony via the print and digital platforms of St Francis Church.

Safeguarding

We are committed to safeguarding as an integral part of ministry and mission, promoting a safer culture and the welfare of all people safe at St Francis Church. We have adopted the Church of England's 'Promoting a Safer Church Policy for children, young people and vulnerable adults.

If you have any concerns, please contact the Minister (Pelumi), the Warden (Robert) or the Parish Safeguarding Officer (Steve)

Other programs

Morning Prayers on Zoom

Tuesdays (9:00 – 9.40am)

Do please join us if you can. *ID: 829 9475 0223; Passcode 104258*

Hear, here NHS Clinics

Tuesdays (9:30-11:00 am)

A Diocese of Guildford project in partnership with Sight for Surrey and the NHS, where our NHS audiology-trained volunteers provides community-based hearing aid maintenance.

Community Foodshare

**Open Mondays – Saturdays (9 am – 4pm),
Sundays (12:00-4:00pm)**